



Member Specials

6/4/2008 Thru 7/1/2008

CHEESE			Reg Price	Member Price
Cheeseland				
Dutch Gouda	With Nettles	by pound	1#/8.99	\$8.39
Neighbory Farms				
Neighbory Farms	Raw Sharp Organic Cheddar	by pound	1#/9.99	\$8.99
VT Butter & Cheese				
Vt Butter & Cheese	Pepper Goat Chevre	4 Ounce	3.59	\$2.99
Vt Butter & Cheese	Plain Goat Chevre	4 Ounce	3.59	\$2.99
Vt Butter & Cheese	Herb Goat Chevre	4 Ounce	3.59	\$2.99
FROZEN			Reg Price	Member Price
Against The Grain				
Rolls, Gluten Free	Original & Rosemary	12.5 Ounce	6.69	\$5.79
Baguettes, Gluten Free	Original & Rosemary	15 Ounce	6.69	\$5.79
Dominix				
Eggplant Veggie Burger	Soy Free	11 Ounce	3.99	\$2.99
Ice Cream				
Greek Gods Ice Cream	Baklava	1 Pint	4.99	\$3.99
Greek Gods Ice Cream	Chocolate Fig	1 Pint	4.99	\$3.99
Greek Gods Ice Cream	Honey Pomegranate	1 Pint	4.99	\$3.99
Natural Choice				
Organic Fruit Bars	Coconut, Strawberry	6 Bars	4.79	\$4.29
Natural Sea				
Fish Sticks	Alaskan Pollock	7 Ounce	4.39	\$3.69
Rice Expressions				
Rice Pilaf	Whole Grain Brown Rice	20 Ounce	4.29	\$3.39
Rising Moon				
Organic Pizza	Margherita	13 Ounce	6.29	\$5.59
Organic Pizza	Grilled Veggie	13 Ounce	6.29	\$5.59
GROCERY			Reg Price	Member Price
Appletiser				
Appletiser	Peartiser 4 Pack	37.2 Ounce	6.99	\$5.99
Appletiser	Red Graptiser 4 Pack	37.2 Ounce	6.99	\$5.99
Appletiser	White Graptiser 4 Pack	37.2 Ounce	6.99	\$5.99
Blues Buster				
CFL Bulb	15 Watt	Each	13.49	\$9.99
CFL Bulb	12 Watt	Each	13.49	\$9.99
Bob's Red Mill				
Pizza Crust	Gluten Free	16 Ounce	3.79	\$2.99
Baking Flour	Gluten Free	22 Ounce	3.99	\$3.19
Bread Mix	Gluten Free	16 Ounce	4.69	\$3.79
Cornbread Mix	Gluten Free	20 Ounce	3.09	\$2.49
Pancake Mix	Gluten Free	22 Ounce	4.39	\$3.49
Brownie Mix	Gluten Free	21 Ounce	5.99	\$4.79
Chocolate Chip Cookie Mix	Gluten Free	22 Ounce	5.29	\$4.29
Chocolate Cake Mix	Gluten Free	16 Ounce	3.69	\$2.99
Braggs				
Liquid Aminos	Sauce	16 Ounce	3.99	\$3.39
Liquid Aminos	Sauce	32 Ounce	6.49	\$5.49
Apple Cider Vinegar	Raw	16 Ounce	2.89	\$2.39
Apple Cider Vinegar	Raw	32 Ounce	4.59	\$3.89

Cascadian Farms

Organic Granola Bars	Mixed Nut Sweet & Salty Bar	6.2 Ounce	4.49	\$3.79
Organic Granola Bars	Peanut Pretzel Sweet & Salty Bar	6.2 Ounce	4.49	\$3.79

Evooroo

Evooroo	Australian E.V. Olive Oil	16.9 Ounce	9.99	\$8.49
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Food Should Taste Good

Tortilla Chips	The Works	6 Ounce	2.59	\$1.99
Tortilla Chips	Sweet Potato	6 Ounce	2.59	\$1.99
Tortilla Chips	Selected Varieties	6 Ounce	2.59	\$1.99

Gak's

Mini Chocolate Chip Cookie	Wheat Free	6.3 Ounce	5.39	\$4.29
Mini Brownie Chip Cookie	Wheat Free	6.3 Ounce	5.39	\$4.29
Oatmeal Cookies	Wheat Free	6.3 Ounce	5.39	\$4.29

Kettle Foods

Potato Chips	Death Valley Chipolte	5 Ounce	2.49	\$1.99
Potato Chips	Sour Cream & Onion	5 Ounce	2.49	\$1.99
Potato Chips	Backyard BBQ	5 Ounce	2.49	\$1.99

Los Villares

E.V. Olive Oil	Hojiblanca	16.9 Ounce	15.29	\$12.99
E.V. Olive Oil	Picual	16.9 Ounce	15.29	\$12.99

Nana's

Nana Banana Bar	Gluten Free	6.17 Ounce	3.29	\$2.79
Berry Vanilla Cookie Bar	Gluten Free	6.17 Ounce	3.29	\$2.79
Chocolate Munch Cookie Bar	Gluten Free	6.17 Ounce	3.29	\$2.79

Nantucket

Meat Rub	Rasta Rub	.3 Ounce	0.99	\$0.79
Meat Rub	Prairie Rub	.3 Ounce	0.99	\$0.79
Meat Rub	Mt. Olympus Rub	.3 Ounce	0.99	\$0.79

Natural Sea

Pink Salmon	Skinless & Boneless	6 Ounce	3.19	\$2.59
Pink Salmon	Salted	7.5 Ounce	2.69	\$2.19
Pink Salmon	Salted, No Salt Added	7.5 Ounce	2.69	\$2.19

O.N.E.

O.N.E.	Coffee Berry Juice	11 Ounce	2.69	\$2.29
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The Village Press

E.V. Olive Oil	Picual	17 Ounce	10.79	\$9.19
E.V. Olive Oil	Manzanillo	17 Ounce	10.79	\$9.19

Twist

Twist	Euro Cleaning Sponge	1.3 Ounce	1.79	\$1.49
Twist	Euro Cleaning Cloth	2.4 Ounce	3.59	\$2.99
Twist	Loofah Sponge	2 Ounce	4.29	\$3.69

Wateroos

Flavored Water	Apple	48 Ounce	2.79	\$2.19
Flavored Water	Grape	48 Ounce	2.79	\$2.19
Flavored Water	Berry	48 Ounce	2.79	\$2.19

Woodstock

Woodstock	Organic Smooth Peanut Butter	16 Ounce	5.29	\$4.29
Woodstock	Organic Crunchy Peanut Butter	16 Ounce	5.29	\$4.29

REFRIGERATED**Reg Price****Member Price****Bubbie's**

Pickled Green Tomatoes		33 Ounce	4.19	\$3.39
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High Country

High Country Kombucha	Gogi Berry, Wild Root, Ginger	16 Ounce	3.29	\$2.49
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Yogourmet

Kefir Starter	Freeze Dried	1 Ounce	5.29	\$4.49
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